

MOUNTAIN SPIRITS TAVERN

STARTERS

NACHOS \$8

Crunchy tortilla chips topped with gooey cheese, fresh tomatoes, black olives, and spicy jalapenos.

CHICKEN NACHOS \$11

Crunchy tortilla chips with cheddar cheese and topped with diced, tomatoes, black olives, jalapenos, and chicken.

SPICY CHICKEN SKEWERS \$9

4 Skewers of Sweet Chili Spiced boneless chicken.

BBQ PORK SKEWERS \$9

4 Skewers of BBQ Pork.

CRAB CAKES \$10

2 Large and crunchy Maryland Crab Cakes on a bed of mixed greens with a Cajun aioli.

CROCK OF CHILI \$8

Topped with jalapeno, bacon and cheddar cheese.

SOUP & SALAD

HOUSE \$6

Crisp, fresh lettuce, tomatoes, onions, cucumbers, bell peppers and croutons.

CAESAR \$7

Romaine & home-style croutons, tossed in Caesar dressing and lightly sprinkled with parmesan cheese.

CHICKEN CAESAR \$9

Romaine & home-style croutons; tossed in Caesar dressing and lightly sprinkled with parmesan cheese and topped with grilled chicken.

CROCK -SOUP DU JOUR \$6

Cup \$4 Ask your server.

WRAPS

Wraps served with kettle chips, coleslaw & pickle.

MEATLOAF \$9

Our zesty meatloaf baked with cheddar cheese in a flour tortilla.

ROAST BEEF WRAP \$10

Tender roast beef, onions, peppers, and cheese. Served toasty and hot in a flour tortilla.

BBQ PORK \$9.95

Shaved pork, cheddar cheese, peppers and onions baked in a flour tortilla.

CHICKEN PARMESAN \$9

Grilled chicken with marinara sauce, peppers and onions baked in a flour tortilla.

HAM AND CHEESE \$9

Sliced Virginia ham baked with cheddar cheese in a flour tortilla.

CLUB WRAP \$10

Turkey, ham, bacon, lettuce and tomato, served warm in a flour tortilla.

VEGETARIAN \$7

Fresh garden vegetables with your choice of dressings.

ENTRÉES

ZESTY MEATLOAF \$14

Fresh ground beef, peppers, tomatoes and onions Prepared with a little zest. Served with mashed potatoes and vegetable.

LASAGNA \$14

A bubbling hot lasagna, layered with chesses and stuffed with chicken and sweet sausage. Served with marinara sauce and garlic bread.

SHRIMP GUMBO \$16

A Louisiana recipe with a little kick. Served over rice with garlic bread.

SWEET AND SOUR CHICKEN \$14

Tender white meat chicken, peppers, onions and water chestnuts served over rice with garlic bread.

PORK MEDALLIONS \$16

Tender medallions of roasted pork served with an apple-maple glaze. Mashed potatoes and vegetable.

SPICY PORK LO MEIN \$14

Chunks of pork, peppers and onions served with lo mein noodles in a zippy sweet chili sauce. Served with garlic bread.

12 OZ PRIME RIB \$21

Served on most Weekends and Holidays. Select cut slow roasted with our special rub. Mashed potatoes and vegetable.

NIGHTLY SPECIALS

Be sure to check out our nightly specials.

KIDS MEALS

CHICKEN NUGGETS \$6

Served with kettle chips and dipping sauce.

MINI CHEESE BURGERS \$7

2 slider sized cheese burgers, served with kettle chips.

HOT DOG \$6

Served with kettle chips.

GRILLED CHEESE \$6

Grilled white bread, gooey with American cheese. Served with kettle chips.

MINI LASAGNA \$7

A kid size portion of our chicken and sausage lasagna. Served with garlic bread.

MAC AND CHEESE \$6

Elbow pasta tossed in a gooey cheese sauce.

DESSERTS

Be sure to save room for one of Chef Tom's desserts.